

Maymester 2011

Mysteries of the Christian East

Religious Studies
RELG 491M-001

Come and explore the contemplative spirituality of Eastern Orthodox Christianity.

Discussions include Orthodox theology, iconography, and music and the ways in which these and other elements of this ancient tradition contribute to the transformation—or “deification”, to use the classic Orthodox term—of the human person. Emphasis will be placed on Hesychasm, a form of Christian mystical practice long associated with the Holy Mountain of Athos in Greece.

Off-Campus Experience

The course features a trip (May 15-20) to St Anthony’s Monastery in Arizona, a monastic community founded in 1995 by a spiritual elder from Athos. Here students will gain firsthand experience of this unique religious phenomenon.



St Anthony's Monastery



Monks of Mt Athos

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